



Arrowhawks
Archery Academy



JUNIOR COACHING DAY

Saturday November 29th
Haxby, York



Are you a junior archer aged under 21?

Would you like to"

- Improve your technique / form?
- Receive guidance on what you can do to improve your scores?
- Make sure your equipment is working at its best for you?
- Help you decide which events and competitions are priorities for you at your age and stage of development?
- Learn how to progress along the athlete pathway
- Have an enjoyable day of learning alongside other junior archers?

Come along to this specialist session at Haxby!

To book a place you can do this by email with your name, AGB number and club to:

Email – kath@arrowhawks.co.uk / kath.fitzpatrick@me.com



Bringing the best practice of the National Academy programmes to a local level

Contact: Kath Fitzpatrick, Senior Coach & AGB Talent Pathway coach: kath@arrowhawks.co.uk